

Studies Demonstrating Nurse Practitioner Quality & Patient Outcomes

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Choosing an ARNP

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What is a Nurse Practitioner?

Nurse Practitioners are Advanced Practice Registered Nurses with Masters or Doctoral degrees. Like physicians, NPs are trained to assess and examine, establish medical diagnoses and treatment plans including prescribing medications for your acute and chronic health conditions. NPs are also holistic providers who offer personalized care.



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The first program for training NPs was established in 1965. NPs emphasize health promotion, risk reduction, disease prevention, and management of common acute and chronic conditions while taking into consideration the patient and their family.

Where Do Nurse Practitioners Practice?

NPs practice in clinics, hospitals, and in their own private practices. NPs practice in urban and rural settings and are more likely than physicians to work in underserved areas.

What Benefits Do Nurse Practitioners Offer Consumers?

NPs understand that information about your diagnosis and treatment plan, being treated with respect, and receiving personalized care are important to you. NPs demonstrate the ability to satisfy your needs for shorter wait times, longer appointments, more education, and personalized care.

NPs are less likely to perform procedures and more likely to provide patient education and/or counseling when compared with physicians and physician assistants. NP visits are generally more comprehensive, structured to afford more time for patient questions, counseling and education.

Which Specialties Do NPs Practice In?

- Acute Care
- Adult
- Dermatology
- Diabetes
- Family Practice
- Geriatrics
- Neonatology
- Nurse Anesthetist
- Nurse Midwifery
- Orthopedics
- Pediatrics/Adolescents
- Psychiatric/Mental Health
- Women's Health/Family Planning

What Services Do Nurse Practitioners Provide?

- Order, perform, and interpret lab and diagnostic tests
- Diagnose and treat acute and chronic conditions such as asthma, diabetes, high blood pressure, infections, and injuries
- Prescribe medications and other treatments
- Manage and coordinate a patient's care

Why choose a Nurse Practitioner?

- Nurse Practitioners' patient satisfaction and outcomes ratings equal and often exceed those of physicians.
- Many studies demonstrate the excellent care provided by NPs.

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